

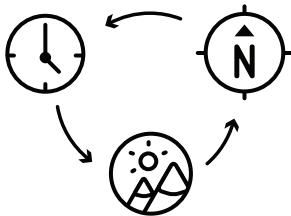
SUUNTO LUMI

QUICK GUIDE

MODES AND VIEWS

TIME

- empty
- weekday
- date
- seconds
- dual time
- sunrise and sunset times
- stopwatch
- day counter



COMPASS

- empty
- heading in degrees
- time

ALTI & BARO



altimeter

- empty
- log recorder
 - altitude difference
 - ascent
 - descent
- temperature
- altitude difference measurer
- time



barometer

- empty
- temperature
- log recorder
- time



MENU CONTENT

memory

- log totals
- logs

time

- alarm
- time
- dual time

date

- day counter
- date

sunrise

- location
- region
- city

alti-baro

- reference
- profile
- storm alarm

compass

- declination

general

- button tones
- tone guides
- units
- language

SYMBOLS ON THE DISPLAY

AUTO Automatic profile

↗ Compass direction arrow

MENU Menu symbol

↗↘ Weather trend indicator

exit



move up/increase



enter/select



back



move down/decrease



log Log recording on

🔒 Button lock on

🔋 Low battery warning

🔔 Alarm on

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1 SUUNTO LUMI IN BRIEF

Suunto Lumi combines an altimeter, barometer and an electronic compass into one sophisticated package. The wristop can also be used as a normal clock, stopwatch or calendar!

Suunto Lumi features the typical functions of our other wristop computers, but includes that little bit more to make it personal. We tightened the design so that the watch sits comfortably on the female wrist. And we added nifty features such as a day counter that we think you will appreciate.

Suunto Lumi versatility and style allows you to use it anywhere – from urban activities to outdoor adventures, during the day or while kicking back at night! You can be original and use it indoors as well – perhaps to navigate through a crowded department store! We hope that your new wristop computer will bring you as much fun and excitement as we experienced while developing it!

Suunto Lumi is the answer for all of us adventurous girls who want to enhance their playground experience!

2 SUUNTO LUMI HANDBOOKS

To take full advantage of all the clever functions within Suunto Lumi, you should read the handbooks. We have divided these into two parts:

Handbook 1: Quick Guide is just that – a brief overview of how to use your Suunto Lumi wristop. The Quick Guide explains how to navigate, the basic structure of the user interface with graphic presentations and how to get started. We recommend that you read it through and learn the basics of your Suunto Lumi before you continue exploring any features.

Handbook 2: User Guide provides a detailed look into Suunto Lumi features and how to use them. The User Guide takes you deeper into the functions of your wristop computer and provides usage examples.

Note that button names are displayed in brackets and menu items in bold. Your device also displays active menu items in brackets.

And just for reference:

- the Quick Guide should take about 15 minutes to read = 1 cup of green tea
- the User Guide should take around 30 minutes to study = 1 pot of green tea

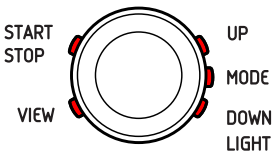
Please take the time to review each feature and function. Once you get to know your Suunto Lumi wristop computer, you won't leave home without it!


3 GETTING STARTED

Basic settings

Grab your Suunto Lumi and we can start!

To activate your Suunto Lumi, just press any button. You will then be asked to set your personal preferences: language, measurement units, time and date. The right middle [Mode] button moves you from setting to setting. You can use the lower left [View] button to move back to a previous setting if you would like to review any preferences. The upper right [Up] or the lower right [Down Light] buttons allow you to change values. Use the [Mode] button to confirm your settings. After you have entered all your information, your Suunto Lumi is ready for adventure!



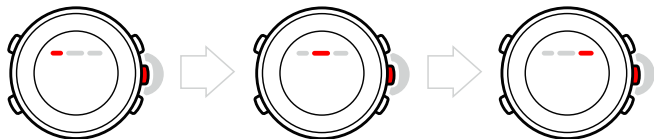
 **NOTE:** *In order to get correct readings, you need to set your altimeter, barometer and compass. Refer to the User Guide for more detailed information.*

Modes

Suunto Lumi has three main functions. We call these modes: **TIME**, **ALTI & BARO** and **COMPASS**. The **TIME** mode features various time-related functions, the **ALTI & BARO** mode features altimeter and barometer functions, and the **COMPASS**

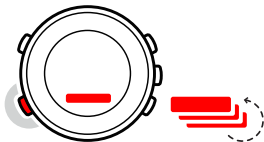
mode features a digital compass which helps you navigate. The selected mode will be underlined. You switch between the main modes with the right middle [Mode] button. Try it! We explain the modes further in the User Guide.

TIME ALTI & BARO COMPASS TIME ALTI & BARO COMPASS TIME ALTI & BARO COMPASS




Views

Each mode has a set of additional views that you access with the lower left [View] button. Views are presented in the lower part of the display. Views contain supplementary information within the selected mode, for example, viewing seconds in the **TIME** mode.

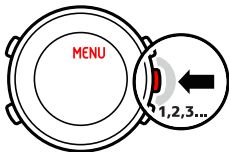


Some views are interactive. Suunto Lumi has three interactive views: stopwatch in the **TIME** mode, log recorder, and altitude difference measurer in the **ALTI & BARO** mode. You can start, stop and restart interactive views with the upper left [Start Stop]. To reset, press the upper right [Up] button until the view is cleared. Go to the **TIME** mode and try them out!

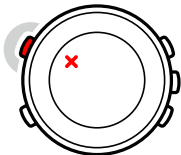
 **TIP:** *Supplementary information automatically scrolls in the display if available. To see supplementary information again, re-enter the mode view and the text reappears.*

Menu

You can change values and general settings or view log totals and logs in **MENU**. To reach **MENU**, press the middle right [Mode] button for 2 seconds while you are either in the **TIME**, **ALTI & BARO** or **COMPASS** mode. Any changes you make in **MENU** will take effect immediately.



Exit **MENU** by pressing the upper left [Start Stop] button. Whenever an exit option is available in **MENU**, an "X" will be displayed on the screen next to the [Start Stop] button. Go to **MENU** and try this out!





TIP: You can activate the backlight in any mode by pressing the lower right [Down Light] button. The backlight will automatically turn off after 5 seconds. To use the backlight while in **MENU**, you will need to activate it in the **TIME, ALTI & BARO** or **COMPASS** mode before entering **MENU**. The backlight will return to normal when you exit **MENU**.

4 SUUNTO CUSTOMER SERVICE

If you have questions or find a particular feature difficult to use, please do not hesitate to call Suunto customer service. Tutorials, handbook updates and other information can be found at www.suunto.com. Explore this option before contacting our helpdesk!

Global helpdesk

+358 2 284 11 60

Suunto USA

+1 (800) 543-9124

Suunto Canada

+ 1 (800) 776-7770

Suunto website

www.suunto.com




SUUNTO

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