

SUUNTO FOOT POD MINI / SUUNTO MOVESTICK / SUUNTO MOVESTICK MINI QUICK GUIDE

SUUNTO FOOT POD MINI (1)
SUUNTO
SUUNTO FOOT POD MINI (1)

1. PAIR (2)
pair
turn on
NOTE: For pairing details, see wrist unit's online User Guide. (3)
NOTE: Make sure there are no active HR belts or PODs within 15 m (49 ft), or other electronic devices within 5 m (16 ft). (4)
NOTE: You only need to pair once. If pairing fails, repeat steps 1-3. (5)

2. INSTALL (6)
1.
2.
NOTE: You only need to pair once. If pairing fails, repeat steps 1-3. (5)

3. NORMAL USE (7)
1. Activate POD to connect. (8)
2. Start recording. (9)
3. Start exercise. (11)
NOTE: Distance remains zero until you start recording. (10)

ACTIVATE / DEACTIVATE (12)
1. POD activates after a few strides. (13)
2. POD deactivates after 30 minutes of no movement. (14)
30min

REPLACE BATTERY (15)
1.
2.
3.

SUUNTO MOVESTICK (16)
SUUNTO MOVESTICK MINI (17)
SUUNTO MOVESTICK MINI (17)

1. INSTALL MOVESLINK (18)
1. Go to www.movescount.com/moveslink. (19)
2. Download, install and activate Moveslink. (21)
NOTE: Icon is visible when Moveslink is active. (22)
NOTE: Moveslink is compatible with PC: Windows XP, Vista, 7, 8. MAC: Intel-based, running OS X version 10.5 or later. (23)

2. REGISTER TO MOVESCOUNT (24)
1. Go to www.movescount.com. (25)
2. Create your account. (26)
NOTE: For details, see PRIVATE > SETTINGS > Moveslink. (29)

3. TRANSFER DATA (27)
1.
2. Start the transfer from your device. (28)
3. Enter email and password when prompted. Wait for transfer to complete. (30)
NOTE: For details, see PRIVATE > SETTINGS > Moveslink. (29)

4. NORMAL USE (31)
1. Start the transfer from your device. (28)
2. Wait for transfer to complete. (32)
NOTE: You can transfer Moves without logging into Movescount.com. (33)
NOTE: You can transfer Moves to Moveslink without an internet connection. Your Moves are uploaded automatically to Movescount when a connection is available. (34)

5. EXPLORE MOVESCOUNT (35)
1. Plan and follow your progress. (36)
2. Search for "Movescount" in YouTube. (37)
www.movescount.com
log plan talk study share

GET MORE (38)
www.suunto.com/mysuunto
www.movescount.com
log plan talk study share

zh 简体中文
1. SUUNTO FOOT POD MINI
2. 配对
3. 注：对于配对详细信...

zhtw 繁體中文
1. SUUNTO FOOT POD MINI
2. 配對
3. 注意：有關配對細...

ko 한국어
1. SUUNTO FOOT POD MINI
2. 페어링
3. 참고: 페어링에 대한...

th ไทย
1. SUUNTO FOOT POD MINI
2. การจับคู่
3. หมายเหตุ: สำหรับราย...

id BAHASA INDONESIA
1. POD KAKI MINI SUUNTO
2. PASANGAN
3. CATATAN: Untuk perincian...

tl TAGALOG
1. SUUNTO FOOT POD MINI
2. PARES
3. PAAALALA: Para sa mga detalye...

16. SUUNTO MOVESTICK
17. SUUNTO MOVESTICK MINI
18. MOVESLINK
19. www.movescount.com/moveslink
20. 小心：安裝 Moveslink...

